

# **Bright Waters Benefice**

**Communion Praise  
and  
Morning Praise**

# Communion Praise

*All are welcome to this celebration of communion.*

*As the family of God, we gather to listen to God's word,  
to pray for the world and to receive God's good gifts in the bread and wine.*

*We welcome crying babies, tricky toddlers, those who want to sing  
and those who don't, those who have sat in these pews hundreds of times  
and those who are here for the first time. We welcome the pilgrims,  
the grieving, the joyful, those with certainties and those with questions.  
This is God's house and you are welcome.*

## We are welcomed to gather in God's presence

We come to our Father  
**Who loves us**

Through Jesus the Son  
**Who gave up His life for us**

In the power of the Spirit  
**Who breathes new life into us**

And we honour You our God  
**Glory to the Father  
And to the Son  
And to the Holy Spirit.  
Amen.**

Or,

The Lord be with you  
**And also with you.**

Hymn or songs

## **We say sorry to God (*sit or kneel*)**

We come to God as one from whom no secrets are hidden,  
To ask for his forgiveness and peace.

**Father God, we are sorry for the things we do  
And say and think, which make you sad;  
And for not thinking of others before ourselves.  
Please forgive us, and help us to love you  
And other people more and more. Amen.**

May the God of love bring us back to himself,  
Forgive us our sins, and assure us of his eternal love  
In Jesus Christ our Lord.  
**Amen.**

## **The Collect may be said (The special prayer for today)**

## **We listen and learn about God's Word**

### **We sit for the first Reading**

At the end of the reading:

This is the word of the Lord  
**Thanks be to God**

### **Hymn or songs**

### **We remain standing to hear the Gospel reading**

Hear the Gospel of our Lord Jesus Christ according to *N.*  
**Glory to you, O Lord.**

*At the end*

This is the Gospel of the Lord.  
**Praise to you, O Christ.**

## Short Talk, Reflection, or Activity

### We Stand to Affirm our Faith

Let us say together what we believe

**We believe in God the father  
From whom every family  
In heaven and on earth is named.**

**We believe in God the Son,  
Who lives in our hearts through faith,  
And fills us with his love.**

**We believe in God the Holy Spirit,  
Who strengthens us  
With power from on high.**

**We believe in one God;  
Father, Son, and Holy Spirit. Amen.**

### We Pray Together (*sit or kneel*)

*We are led in prayer by a member of our congregation using prayers they have written, active/creative prayers or the prayers below*

Creator God,  
We give thanks for the beautiful world you have given us.  
We pray for governments and aid agencies working  
In areas of the world where people are afraid for their future  
Because of disaster, drought, starvation, forest fires,  
Polluted rivers and poor air quality.

By the grace of your Holy Spirit, challenge us  
And touch The hearts of all who live in comfort and plenty.  
Help us to be wise and responsible stewards  
Of your resources and in care of the earth.

Lord of all Creation  
**Hear our prayer.**

Lord Jesus,  
Your promise of Good News is timeless,  
Still, you offer it to renew our world today:  
You offer release for those imprisoned by debt and poverty,  
And life for those who know only violence, death and despair.

Quicken us by your Spirit to not linger or delay in the challenge  
Of racism or injustice and the pursuit of peace and reconciliation.  
Help us to realise your vision of a world transformed,  
Help us to share the Good News of Jesus Christ,  
To live by his radical example of serving others,  
That we may make the hope you bring, real for all people.

Lord of all Justice  
**Hear our prayer.**

Holy God,  
We pray for your world-wide Church.  
We give thanks for your Gospel, transcending all cultures.  
Fill us with your Holy Spirit, help us to remain faithful to you.  
May the hope of Christ strengthen all who face persecution.

In the Church of England, give wisdom, compassion and the  
Mind of Christ to our Bishops and leaders.

We pray for this congregation and all churches in our Benefice,  
For each person loved by you and known by name.  
Help us to grow in faith and prayer as we seek your Kingdom first  
Bless us in our calling to live together in unity and peace.

Lord of the Church  
**Hear our prayer.**

Loving Lord,  
We pray for those who are suffering, sick and unwell,  
Those whose hearts are heavy and saddened by the loss  
Of someone close and dear to them.

*In a moment of silence, we lift those known to us before God*

Lord, release those who are burdened with stress and anxiety.  
May those who are troubled and in need  
Know your sustaining love for them.

Lord of all healing  
**Hear our prayer.**

As we scatter these our prayers in this sacred space  
May they fall on your fertile soil.  
Help us in our everyday lives  
To be an answer to prayer for those in need.

Merciful Father,  
**Accept these prayers. for the sake of your Son,  
Our Saviour Jesus Christ. Amen**

## **We stand to share the peace of Jesus**

The fruit of the Spirit is love, and joy and peace.  
The peace of the Lord be always with you.

**And also with you.**

Let us offer one another a sign of peace

## **Hymn or songs**

## **We share Communion**

*Alternative Eucharistic Prayer H is available on page 10*

The Lord is here.  
**His Spirit is with us.**

Lift up your hearts.  
**We lift them to the Lord.**

Lord our God,  
**We give thanks and praise.**

God our Father, you have brought us here together  
So that we can give you thanks and praise  
For all the wonderful things you have done.

You are always thinking about your people;  
You never forget us. You sent your Son Jesus to us.  
He cured sick people; he cared for those who were poor;  
He forgave sinners and taught us to forgive each other.  
Jesus gave his life for us and came to save us.

And now we thank you for these gifts of bread and wine.  
Send your Holy Spirit upon us and upon these gifts,  
So that we who receive them, as Jesus said,  
Share his body and his blood.

*(sit)*

On the night before he died, Jesus was having supper  
With his disciples. He took bread from the table.  
He gave you thanks, he broke the bread,  
And gave it to his friends,  
And said: 'Take this, all of you, and eat.  
This is my body which is given for you.'

After supper, he took a cup of wine, said the blessing,  
Gave it to his friends, and said: 'Drink this, all of you.  
This is the cup of my blood,  
The blood of the new and everlasting covenant,  
Which is shed for you and for many,  
So that sins may be forgiven.'

We do now what Jesus told us to do.  
We remember his death and resurrection,  
By which we are saved. We offer you, heavenly Father,  
Through the Holy Spirit, our praise and heartfelt thanks.

**Blessing and honour and glory and power  
Are yours forever and ever. Amen**

## The Lord's Prayer

We say together the special prayer Jesus taught his followers

*Matthew 6:9-13 God' Word Translation (Diocese Winchester)*

**Our Father in heaven, let your name be kept holy.  
Let your kingdom come.  
Let your will be done on earth as it is done in heaven.  
Give us our daily bread today.  
Forgive us as we forgive others.  
Don't allow us to be tempted.  
Instead, rescue us from the evil one, Amen.**

Or,

**Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come; thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom, the power and the glory,  
for ever and ever. Amen.**

We break this bread to share in the body of Christ.

We are many families, but this makes us one family.

**Come, let us celebrate together.**

Come to this table, not because you must but because you may,  
Not because you are strong, but because you are weak.

Come, not because any goodness of your own gives you  
A right to come, but because you need mercy and help.

Come, because you love the Lord a little  
And would like to love him more.



Come, because he loved you and gave himself for you.  
Come and meet the risen Christ, for we are his Body.

*Communion is received.*

*If you would like a blessing only, please put your hands by your side.*

## Prayer after Communion

For the bread and the wine; **Thank you Jesus.**

For the love around this table: **Thank you Jesus.**

For sending us out into the world filled with your Spirit  
**Thank you Jesus.**

Or,

**Generous God,  
You have fed us at your heavenly table.  
Kindle in us the fire of your Spirit  
That when Christ comes again  
We may shine like lights before his face;  
Who with you and the Spirit lives for ever. Amen**

## Notices, Hymns or Songs

### The Dismissal and Blessing

*This or another blessing is given*

As Jesus has changed your life, take his life and light to others.

And the blessing of God Almighty, the Father, the Son  
and the Holy Spirit be among you and remain with you always.  
**Amen.**

Go in peace to love and serve the Lord.  
**In the name of Christ. Amen.**

## Eucharistic Prayer H

The Lord is here.

**His Spirit is with us.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give thanks and praise.**

It is right to praise you, Father, Lord of all creation;  
In your love you made us for yourself.

When we turned away you did not reject us,  
But came to meet us in your Son.

**You embraced us as your children  
And welcomed us to sit and eat with you.**

In Christ you shared our life  
That we might live in him and he in us.

**He opened his arms of love upon the cross  
And made for all the perfect sacrifice for sin.**

*(sit)*

On the night he was betrayed,  
At supper with his friends  
He took bread, and gave you thanks;  
He broke it and gave it to them, saying:  
Take, eat; this is my body which is given for you;  
Do this in remembrance of me.

**Father, we do this in remembrance of him:  
his body is the bread of life.**

At the end of supper, taking the cup of wine,  
He gave you thanks, and said:  
Drink this, all of you; this is my blood of the new covenant,  
Which is shed for you for the forgiveness of sins;  
Do this in remembrance of me.

**Father, we do this in remembrance of him:  
His blood is shed for all.**

As we proclaim his death and celebrate his rising in glory,  
Send your Holy Spirit that this bread and this wine  
May be to us the body and blood of your dear Son.

**As we eat and drink these holy gifts  
Make us one in Christ, our risen Lord.**

With your whole Church throughout the world  
We offer you this sacrifice of praise  
And lift our voice to join the eternal song of heaven:

**Holy, holy, holy Lord,  
God of power and might,  
Heaven and earth are full of your glory.  
Hosanna in the highest.**

**Blessing and honour and glory and power  
Are yours forever and ever. Amen**

As our Saviour taught us, so we pray

**Our Father in heaven,  
Hallowed be your name,  
Your kingdom come,  
Your will be done,  
On earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
As we forgive those who sin against us.  
Lead us not into temptation,  
But deliver us from evil.  
For the kingdom, the power,  
And the glory are yours  
Now and for ever.  
Amen.**

We break this bread to share in the body of Christ.  
We are many families, but this makes us one family.  
**Come, let us celebrate together.**

Come to this table, not because you must but because you may,  
Not because you are strong, but because you are weak.

Come, not because any goodness of your own gives you  
A right to come, but because you need mercy and help.

Come, because you love the Lord a little  
And would like to love him more.

Come, because he loved you and gave himself for you.  
Come and meet the risen Christ, for we are his Body.

*Communion is received.*

*If you would like a blessing only, please put your hands by your side.*

## **Prayer after Communion**

For the bread and the wine; **Thank you Jesus.**

For the love around this table: **Thank you Jesus.**

For sending us out into the world filled with your Spirit  
**Thank you Jesus.**

Or,

**Generous God,  
You have fed us at your heavenly table.  
Kindle in us the fire of your Spirit  
That when Christ comes again  
We may shine like lights before his face;  
Who with you and the Spirit lives for ever. Amen**

## Notices, Hymns or Songs

### The Dismissal and Blessing

*This or another blessing is given*

As Jesus has changed your life, take his life and light to others.

And the blessing of God Almighty, the Father, the Son  
and the Holy Spirit be among you and remain with you always.

**Amen.**

Go in peace to love and serve the Lord.

**In the name of Christ. Amen.**

# Morning Praise

*All are welcome to our Morning Praise service.*

*As the family of God, we gather to listen to God's word,  
to pray for the world and to receive God's good gifts in the bread and wine.*

*We welcome crying babies, tricky toddlers, those who want to sing  
and those who don't, those who have sat in these pews hundreds of times  
and those who are here for the first time. We welcome the pilgrims,  
the grieving, the joyful, those with certainties and those with questions.*

*This is God's house and you are welcome.*

## We are welcomed to gather in God's presence

*Call to worship and opening prayer*

From the rising of the sun till its setting in the west,  
**God's holy name be praised.**

On the lips of children and all your people  
**God's holy name be praised.**

With the Church throughout the world,  
**We gather to worship the Lord.**

We come with our faith and with our doubts,  
**We come with our hopes and with our fears.**

We come as we are, because it is God who invites us to come,  
**And God has promised never to turn us away.**

**Lord, direct our thoughts, teach us to pray,  
Lift up our hearts to worship you in Spirit and in truth  
Through Jesus Christ our Lord  
Amen.**

## Hymn or Songs

## **We say sorry to God (*sit or kneel*)**

*You may like to make a fist*

**We are sorry for the times we haven't loved each other,  
And have been angry and bitter with other people.**

*You may like to point away from yourself with your index finger*

**We are sorry for the times we have blamed others  
And seen things wrong in them  
Without recognising how much is also wrong in us.**

*You may like to close your hand and hold it close to your chest*

**We are sorry for the times we have kept things selfishly  
To ourselves and not been prepared  
To give to those who need our help.**

*You may like to put your hand over your mouth*

**We are sorry for the foolish words we have spoken  
Which have hurt other people.**

*You may like to put your hand over your eyes*

**We are sorry that we have deliberately chosen  
Not to see the good things we could have done  
To help other people.**

*You may like to put your hand over one ear*

**We are sorry for the times we have not listened  
To the cries of those who are poor  
Or who suffer injustice.**

*You may like to hold out your hand with an open palm upward*

Jesus says,

'If you are tired from carrying heavy burdens,  
Come to me and I will give you rest'.

So we bring all that we are to Jesus,  
All our sins and our failure to love.

Thank you that you died for us so that we might be forgiven  
And have new life in the power of your Holy Spirit. **Amen.**

Or,

**Father God, we are sorry for the things we do  
And say and think, which make you sad;  
And for not thinking of others before ourselves.  
Please forgive us, and help us to love you  
And other people more and more. Amen.**

May the God of love bring us back to himself,  
Forgive us our sins, and assure us of his eternal love  
In Jesus Christ our Lord.  
**Amen.**

## **We stand to share the peace of Jesus**

The fruit of the Spirit is love, and joy and peace.  
The peace of the Lord be always with you.  
**And also with you.**

## **Hymn or songs**

## **We listen and learn about God's Word**

*There may be one or two readings.*

## **We sit for the first Reading**

At the end of the reading:

This is the word of the Lord  
**Thanks be to God**

## **Hymn or songs**



## **We remain standing to hear the Gospel reading**

Hear the Gospel of our Lord Jesus Christ according to *N.*  
**Glory to you, O Lord.**

*At the end*

This is the Gospel of the Lord.  
**Praise to you, O Christ.**

## **Short Talk, Reflection, or Activity**

### **We Stand to Affirm our Faith**

Let us say together what we believe

**We believe in God the father  
From whom every family  
In heaven and on earth is named.**

**We believe in God the Son,  
Who lives in our hearts through faith,  
And fills us with his love.**

**We believe in God the Holy Spirit,  
Who strengthens us  
With power from on high.**

**We believe in one God;  
Father, Son, and Holy Spirit. Amen.**

## **Hymn or songs**

## **We Pray Together (*sit or kneel*)**

*We are led in prayer by a member of our congregation using prayers they have written, active/creative prayers or the prayers below*

Father God, we thank you for the amazing,  
Beautiful world you created.

**Help us to care for it.**

We thank you for wonderful diversity,  
For the unique people you have made us to be.

**Help us to care for one another**

We thank you for our school, and our teachers

**Help us to learn, play and share together**

We thank you for family and friends, for special times together

**Help us to keep thankful**

We thank you for the incredible tasty foods you have given us.

**Help us remember and care for those who are hungry.**

We thank you for the inspiring stories and teaching in the bible.

**Help us to share this good news with people everywhere.**

**Amen.**

We say together the special prayer Jesus taught his followers

*A Primary School's version of The Lord's Prayer (Diocese Winchester)*

**Our Father in heaven, you are awesome!**

**Show us who you are and how you want us to be.**

**Make earth more like heaven.**

**Please give us what we need to keep going each day.**

**Help us when we are wrong and clean us up on the inside.**

**Help us to let other people off and move on.**

**Keep us from bad stuff.**

**You're in charge!**

**You're strong and powerful and always there.**

**Forever! Amen.**

Or,

**Our Father in heaven, hallowed be your name,  
Your kingdom come, your will be done,  
On earth as it is in heaven.  
Give us today our daily bread.  
Forgive us our sins, as we forgive those  
who sin against us.  
Lead us not into temptation,  
But deliver us from evil.  
For the kingdom, the power,  
And the glory are yours  
Now and for ever. Amen.**

## **Notices, Hymns or Songs**

### **The Dismissal and Blessing**

*This or another blessing is given*

We say together the Grace

**The grace of our Lord Jesus Christ, and the love of God  
And the fellowship of the Holy Spirit  
Be with us all evermore. Amen.**

From where we are, to where you need us,  
From the security of what we know  
To the adventure of what you will reveal,  
**Jesus, lead us on**

To refashion the fabric of this world  
Until it resembles the shape of your kingdom  
**Jesus, lead us on**

Fill us with your Holy Spirit  
As we go in the light and peace of Christ,  
**Thanks be to God.**

